

THE RELATIONSHIPS BETWEEN THE BIG FIVE PERSONALITY FACTORS AND DEPRESSION

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Abstract. *The aim of the present study is to examine the relationship between the big five personality traits and depression. The sample consists of 215 students. The Big Five Inventory – John et al. (1991) and The Self-report scale to diagnose major depressive disorder – Zimmerman et a. (1986) are used in the study. The results demonstrate a significant positive correlation between neuroticism and depression and significant negative correlation between extraversion, conscientiousness and depression. The regression analysis show that neuroticism predicts development of depressive symptoms. There is no relationship between another two personality traits agreeableness and openness and depression.*

Keywords: Big Five personality, depression

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